

# Schools and Academics

School of Social Sciences

## **MISSION STATEMENT**

The School of Social Sciences is dedicated to generate and transmit knowledge to create purposeful and dynamic leaders.

## **GOALS**

This School's goal is to:

1. To introduce students to the salient discoveries and procedures accumulated from research in the Social Sciences through the assistance of Christian Instructors.
2. To translate our Mission Statement into daily behavior.
3. To encourage creativity and initiative.
4. To encourage teamwork and team spirit.
5. To nurture excellence and productivity.
6. To nurture an environment of moral values and spiritual growth.
7. To empower students to utilize this knowledge in furthering the mission of Seventh-day Adventists: restoring men and women to the image of their Maker.

The School fulfills these goals by three principal means:

1. Instruction by Christian professors
2. Course work, which develops a strong liberal-arts foundation and interdisciplinary preparation, leading to many different fields of Christian service.
3. Extracurricular participation by students in voluntary activities, community service, and research.

## **What does our academic environment provide?**

The School of Social Sciences is concerned with the study of how human beings think and behave as individuals, and in socio-cultural and ecological systems.

## **Programmes**

1. Bachelor of Science in Behavioural Science
2. Bachelor of Science in Psychology
3. Bachelor of Science in Sociology
4. Bachelor of Science in Social Work

## **GENERAL EDUCATION REQUIREMENTS FOR THE BACCALAUREATE DEGREES**

### **1. Religion (12 Credits)**

RELT 100 God and Human Life 3

Select three of the following:

RELB 210 Jesus in His Time and Ours 3

RELT 250 Personal Spirituality and Faith 3

RELG 360 Topics: World Religions 3

RELT 340 Religion and Ethics in Modern Society 3

**Note:** Students must take one religion course each school year, or school year equivalent. Transfer students must take one course per year of residency, or full-time equivalent at USC or other Seventh-day Adventist college or university. Part-time students must take one religion course for every 30 hours completed on a part-time basis.

### **2. Arts/Humanities/Philosophy (10 Credits)**

HIST 104 OR 105 World Civilizations I, II 3, 3

OR

HIST 147 West Indian History 3

**Note:** If Caribbean History was not passed at the GCE/CXC level, HIST147 must be taken. Theology/Religion majors are required to do both HIST104 and 105. If Caribbean History was not passed at the GCE/CXC level, HIST147 must be taken as a replacement for HIST104.

ENGL 255 Studies in Literature 3

OR

ENGL 425 Literary Topic: Biblical Literature 3  
(For Theology and Religion Majors)

IDSC 205 Introduction to Fine Arts 2

OR

Two credits for Ensemble:

MUPF 135 Choral Ensemble 1

MUPF 137 Instrumental Ensemble 1

EDTE 354 Philosophy for Education 2

### **3. Social Sciences (3 Credits)**

Select one course from:

PSYC 101 Introduction to Psychology 3

SOCI 119 Principles of Sociology 3

BHSC 220 An Interdisciplinary Approach to Contemporary Social Issues 3

PLSC 235 Introduction to Political Systems 3

ECON 226 Principles of Microeconomics 3

**Note:** If PSYC101 or SOCI119 is not completed in the first year, BHSC220 or PLSC235 is required. USC BULLETIN 2010-2012 | PG 65

**4. Language and Communication (12 credits)**

COMM 104 Communication Skills 3  
(Must be completed in the first or second year)  
ENGL 115 English Composition I 3  
ENGL 215 English Composition II 3

**Note:** All students who have grade II or III at CXC, GED as entrance requirement, and below C at GCE, are required to do the English Proficiency Exam (EPE) and obtain a minimum score of 75% to register for ENGL115. Anyone failing to acquire the minimum score will have to register for ENGL110.

Foreign Language 3

One foreign language for all students, inclusive of theology majors

SPAN 200 Intermediate Spanish 3  
FREN 200 Intermediate French 3  
PORT 200 Intermediate Portuguese 3  
GERM 200 Intermediate German 3

**5. Natural Science (6 Credits)**

Select any two courses from two areas.

BIOL 111 Anatomy and Physiology I 4  
BIOL 208 Principles of Environmental Science 3  
BIOL 245 Natural History of Trinidad and Tobago 3  
CHEM 107 Chemistry in Society 3  
PHYS 115 Concepts of Physics 3  
FDNT 230 Nutrition 3, 4

**6. Mathematics (3 Credits)**

MATH 165 College Algebra 3

(Computer Science majors will fulfill this requirement in their cognate requirements.)

Note: Students should have fulfilled any one of the following to be allowed to register for MATH165: i. a pass with a 1,2, or 3 (from 1998) in CXC Mathematics ii. a minimum score of 2.0 in the Mathematics Placement Exam (MPE) Students who have a pass in Additional Mathematics may petition to waive MATH165 upon earning a minimum score of 3.5 in the MPE. Any student who scores a 4.0 in the MPE may petition to waive MATH165.

**7. Computer Tools (3 Credits)**

INFS 110 Introductory Computer Tools 3

(Computer Science majors will complete this requirement in their cognate requirements).

**8. Wellness (2 Credits)**

HELD 120 Fit and Well 1

One of:

PEAC 110 Personal Physical Fitness 1

PEAC 130 Special Activities: \_\_\_\_\_ 1

**9. Service (2 Credits)**

BHSC 100 Philosophy of Service 2

(Must include a service component)

**Note:** Theology/Religion majors fulfill this requirement in the major by completing Pastoral Practicum.

**10. Vocational / Career Planning (2 Credits)**

IDSC 110 College Success and Career Planning 1

Select one course from:

TCED 285 Upholstery 1

HMEC 129 Social & Professional Ethics 1

**TOTAL (55 Credits)**

## Department of Behavioural Sciences

### MISSION

Our mission is to empower students to attain their personal and academic goals; to provide accurate information to students about the completion of degree requirements and academic standards in a timely and efficient manner; to serve as an interface for students to the various services and support systems available at the University of the Southern Caribbean; and to refer students to resources and environments, which will assist them in becoming responsible citizens.

### Programmes

Bachelor of Science in Behavioural Sciences

Bachelor of Science in Psychology

### Bachelor of Science in Behavioural Sciences

#### 1. General Degree Requirements

General Education Requirements	55
Courses Required for a Major in Behavioural Sciences	56
Required Cognate	6
General Electives	Variable
<b>Total</b>	<b>124</b>

#### 2. Courses Required for a Major in Behavioural Sciences (56 credits, of which 27 must be selected from courses numbered 300 or above)

**Note:** Students pursuing careers in secondary school teaching should include additional credits in the major as recommended by the advisor.

#### 3. Core Courses (24 Credits)

ANTH 200 Cultural Anthropology	3
BHSC 220 An Interdisciplinary Approach to Contemporary Social Issues	3
FMST 456 Marriage and the Family	3
PSYC 210 Introduction to Health Psychology	3
PSYC 269 History and Systems of Psychology	3
PSYC/ SOCI432 Research Methods II: Introduction	3
PSYC 450 Social Psychology	3
SOCI 119 Principles of Sociology	3

Options: To complete the major requirements, a student must select one of the following three options:

#### 4. Courses Required for a Psychology Emphasis (17 Credits)

PSYC 433 Research Methods III: Advanced Research Design	3
PSYC 454 Theories of Personality	3
PSYC 460 Psychology of Abnormal Behaviour	3
PSYC 480 Field Experience	2

Six credits selected from:

BHSC 440 Topics in ___001-Families in Crisis	1-3
EDPC 301 Human Development	3
EDPC 302 Educational Psychology	3
EDPC 310 Adolescent Psychology	2
PSYC 319 Stress Management	3
PSYC 410 Intro. to Counselling and Psychotherapy	3
PSYC 466 Psychology of the Exceptional Child	3

**5. Courses Required for a Sociology Emphasis (16-17 credits)**

SOCI 325 Caribbean Sociology	3
SOCI 425 Racial and Ethnic Relations	3
SOCI 433 Research Methods III: Advanced Research Design	3
SOCI 480 Field Experience	2

Five to six credits selected from:

BHSC 440 Topics in: _____	1-3
EDFN 425 History and Sociology of Education in the Caribbean	2
FMST 454 Family Violence across the Life Span	3
SOCI 430 Gender Roles in Contemporary Society	3
SOCI 474 Social Thought and Theory	3
SOWK 110 Introduction to Social Work in the Caribbean	3
SOWK 300 Social Work Issues in the Caribbean	3

**6. Courses Required for a Combined Emphasis (16-17 credits)**

SOCI 433 Research Methods III: Advanced Research Design	3
SOCI 480 Field Experience	2

**Note:** The remaining 11-12 credits to be selected from at least two areas in upper-division courses offered by the department.

**7. Required Cognates (6 Credits)**

MATH 165 College Algebra	3
STAT 285 Elementary Statistics	3
OR	
BHSC 230 Research Methods I	3

**Note:** Behavioural Sciences majors are required to take PSYC101 Introduction to Psychology (3 credits) as part of the General Education requirements.

## BACHELOR OF SCIENCE IN PSYCHOLOGY

### 1. General Degree Requirements

General Education Requirements	55
Courses Required for a Major in Psychology	56
Required Cognate	6
General Electives	Variable
<b>Total</b>	<b>124</b>

### 2. Courses Required for a Psychology Major (56 Credits)

#### Core Courses (30 credits)

ANTH 200 Cultural Anthropology	3
BHSC220 An Interdisciplinary Approach to Contemporary Social Issues	3
FMST 456 Marriage and the Family	3
PSYC 101 Introduction to Psychology	3
PSYC 210 Introduction to Health Psychology	3
PSYC 220 Human Development: Lifespan	3
PSYC 269 History and Systems of Psychology	3
PSYC 432 Research Methods II: Introduction	3
PSYC 450 Social Psychology	3
PSYC 460 Psychology of Abnormal Behaviour	3

#### 3. Content Areas Required: (15 credits)

PSYC 252 Psychology of the Adolescent, Youth & Ageing	3
PSYC 410 Introduction to Counselling and Psychotherapy	3
PSYC 433 Research Methods III: Advanced Research Design	3
PSYC 454 Theories of Personality	3
PSYC 480 Field Experience	3

Electives (19 credits selected from the following):

BHSC 440 Topics in: _____	1-3
EDPC 301 Human Development	3
FMST 310 Parent Child Relationships	3
HLED 460 Substance Abuse Education	3
PSYC 319 Stress Management	3
PSYC 442 Human Sexuality	3
PSYC 445 Cognitive Psychology	3
PSYC 449 Psychopharmacology	3
PSYC 465 Physiological Psychology	3
PSYC 466 Psychology of the Exceptional Child	3
PSYC 471 Behaviour Modification	3
PSYC 495 Independent Study/Reading/Research	3
SOCI 315 Criminology	3
SOCI 345 Juvenile Delinquency	3
FMST 495 Family Law	3
BHSC 325 Foundations of Guidance Services	3

BHSC 295 Principles of Career Development	3
BHSC 490 Seminar: Introduction to Work Experience	1
SOWK 460 Death & Grief in Contemporary Society	3

**4. Required Cognates: (6 Credits)**

BHSC 230 Research Methods I: Statistics for the Behavioural Sciences	3
MATH 165 College Algebra	3

**5. Minor in Behavioural Sciences (20 Credits)**

Select 20 credits from at least three of the following four areas, 14 of which must be in courses numbered 300 and above: Anthropology, Family Studies, Psychology, Sociology. Students choosing this minor should consult with the chair of the department.

**6. Minor in Psychology (20 Credits)**

**Note:** A total of 14 credits must be in courses numbered 300 and above. Students choosing this minor should consult with the chair of the department.

PSYC101 Introduction to Psychology	3
One of: 3	
PSYC210 Introduction to Health Psychology	3
PSYC432 Research Methods II: Introduction	3
One of: 3	
PSYC450 Social Psychology	3
PSYC454 Theories of Personality	3

Eleven credits from PSYC acronyms 11

## **Department of Sociology**

### **MISSION STATEMENT**

Promoting Social justice and well-being, to diverse populations through innovative teaching methods, research and service to humanity at all levels of society and the international community.

### **BACHELOR OF SCIENCE IN SOCIAL WORK**

The Bachelor of Science in Social Work (BSW) is a professional degree that prepares graduates for generalist professional practice and/or the opportunity to be admitted to a Master of Social Work (MSW) with advanced standing. A total of 79 credit hours will be done in the major area.

### **ADMISSION CRITERIA**

1. Students are required to have a minimum of three CXC passes to be admitted in the course.
2. Students will be admitted in the course with a minimum GPA of 2.00, receive grade of C or better in all the general education courses, and must complete the foundation courses (that is, courses with numbers 100 –200). A minimum grade point average (GPA) of 2.33 or a grade of C+ is required for all foundational courses.
3. Students will have to apply for the Approval for Major in Social Work at the end of their sophomore year. Students must have completed all the foundation courses and have maintained a GPA of 2.33 and minimum GPA of 2.00 (or receive grade of C or better) in all general education courses.

### **CONTINUED ENROLLMENT CRITERIA**

1. Acceptable academic performance.
2. Ethical conduct in compliance with the National Association of Social Work (code of ethics).
3. Adequate knowledge and practice in a field setting.

The foundations curriculum consists of seven contents areas that are required in every BSW programme:

1. Values and Ethics
2. Diversity
3. Populations at Risk and Social and Economic Justice
4. Human Behaviour and the Social Environments
5. Social Welfare Policy and Services
6. Social Work Practice
7. Research

### **PROGRAMME OBJECTIVES**

Throughout the curriculum, the programme integrates concepts of:

1. Professional ethics and values

2. Critical thinking
3. Sensitivity to diversity, oppression, social and economic justice and populations at risk.
4. Field education is an integral component of the programme.

Although students may declare themselves as Social Work majors in their freshman or sophomore year, they must apply for acceptance into the Social Work programme. Application would be made at the end of sophomore year, for formal acceptance into the programme in the beginning of the junior year.

### **GENERAL GRADUATION REQUIREMENTS**

1. A minimum of 141 semester credits must be earned, including General Education requirements, courses required for a major in Social Work, and Cognate Requirements.
2. A minimum grade point average (GPA) of 2.00 or a grade of C is required for all General Education courses.
3. A minimum grade point average (GPA) of 2.33 or a grade of C+ is required for all foundational courses (that is, courses with numbers 100 – 200), and minimum GPA of 3.33 or a grade of B+ is required for all upper division courses (numbers 300 and above), to meet the graduation requirements for BS in Social Work.
4. A minimum GPA of 2.33 or a grade of C+ is required in all transfer credits counted for a Major in Social Work.
5. No course with a grade below C can count toward a major in Social Work.
6. A minimum of 1/3 of the credits required for a major in Social Work must be earned in residence, in courses numbered 300 or above.
7. A minimum of 30 of the last 36 semester credits applied to BS in Social Work must be earned in residence.
8. All general and departmental assessment activities required for a major in Social Work must be completed.
9. All students must complete a total of 400 hours of practicum in the human services agency/institutions.

**PREREQUISITES FOR THE SCHOOL OF SOCIAL SCIENCES  
B.SC. SOCIAL WORK PERQUISITES AND CO-REQUISITES**

COURSE	PRE-REQUISITES
SOWK230 Introduction To Community Services	SOWK 100 OR SOWK 110 Introduction to Social Work
SOWK 300 Social Work Issues In The Caribbean	SOWK 100 OR SOWK 110 Introduction to Social Work
SOWK315 Values, Ethics and Diversity	SOWK 100 OR SOWK 110 Introduction to Social Work
SOWK320 Introduction to Counselling Skills	PSYC 101 Introduction to Psychology
SOWK325 Social Welfare Institutions and Services	SOWK100 OR SOWK110; HIST147
SOWK 401, 402 Foundations Of Practice 1,2	PERQUISITE SOWK325 Social Welfare Institutions and Services; SOWK340 Human Behaviour in the Social Environment; CO-REQUISITE- SOWK435 Field Instruction; SOWK420 Social Work Methods Seminar.
SOWK 420 Social Work Methods Seminar	CO-REQUISITES: SOWK435 Field Instruction; SOWK401 Foundation of Practice
SOWK447 Social Policies and Services in Other Countries	PRE-REQUISITE SOWK350 Social Welfare Policy Or SOWK325 Social Welfare Institutions and Services

## PROGRAMMES

### BACHELOR OF SCIENCE IN SOCIAL WORK

#### 1. General Degree Requirements

General Education Requirements	55
Courses Required for a Major in Social Work	79
Required Cognates	6
Total	140

#### 2. Courses required for a Major in Social Work (79 Credits)

##### Core Courses (46 credits)

SOWK 100 Introduction to Social Work	3
SOWK 110 Introduction to Social Work in the Caribbean	3
SOWK 230 Introduction to Community Services	2
BHSC 230 Research Methods I	3
SOWK 300 Social Work Issues in the Caribbean	3
SOWK 315 Values, Ethics and Diversity	3
SOWK 320 Introduction to Counselling Skills	3
SOWK 325 Social Welfare Institutions and Services	3
SOWK 340 Human Behaviours and the Social Environment	3
SOWK 350 Social Welfare Policy	3
SOWK 401 Foundations of Practice 1	4
SOWK 402 Foundations of Practice 2	2
SOWK 420, 421 Social Work Methods Seminar	1, 1
SOWK 435, 436 Field Instruction	2,2
SOWK 466 Social Work	4
SOWK 489 BSW Professional Seminar	1

##### 3. Content Areas Required (20 credits)

ANTH 200 Cultural Anthropology	3
SOWK410 Children and Families at Risk	2
SOWK437 International Environment of Social Welfare	2
SOWK 440 Assessment and Treatment of Victims of Violence	2
SOWK 447 Social Policies and Services in other Countries	2
SOWK 455 Treatment of Substance Abuse	2
SOWK/SOCI 460 Death and Grief in Contemporary Society	3
HLED 460 Substance Abuse Education	2
SOWK 467 Social Aspects on Long-Term Care 2	

##### 4. Electives (13 credits selected from the following):

SOWK 458 Advanced Theories of Addiction and Treatment	2
SOWK 475 Topics in _____	1-4
SOWK 495 Independent Study/Project/Teaching	1-4
BHSC 295 Principles of Career Development	3
BHSC 325 Foundations of Guidance Services	3

BHSC 440 Psychology of Abnormal Behaviour	3
BHSC 490 Seminar: Introduction to Work Experience	1
FMST 310 Parent-Child Relationship	3
FMST 350 Family Cultural Perspectives	3
FMST 454 Family Violence Across Life Span	3
FMST 495 Family Law	3
PSYC 319 Stress Management	3
PSYC 422 Human Sexuality	3
PSYC 454 Theories of Personality	3
SOCI 315 Criminology	3
SOCI 425 Race and Ethnic Relations	3
SOCI 430 Gender Roles in Contemporary Society	3
SOCI 435 Medical Sociology	3
SPED 255 Behaviour Disorder in Children	3

### **5. Required Cognates: (6 Credits)**

PSYC 101 Introduction to Psychology	3
SOCI 119 Principles of Sociology	3

### **FIELD PRACTICUM**

Students are required to complete a 400 hour field placement in a local human service agency. The practicum is normally completed during students' junior year (3rd year). At the end of the field practicum, students should be able to:

1. Work with individuals, families, care-givers, groups and communities to assess their needs and circumstances.
2. Plan, carry out, review and evaluate social work practice, with individuals, families, career groups, communities and other professionals.
3. Support individuals to represent their needs, views and circumstances.
4. Manage risk to individuals, families, care-givers, groups, communities, self and colleagues.
5. Manage and be accountable, with supervision and support, for your own social work practice.
6. Demonstrate professional competence in social work practice.
7. However, students may be dropped from the programme or be required to complete additional practicum hours for the following reasons:
  - a. Inability to demonstrate the skills, knowledge, and professional responsibilities required of a baccalaureate-level social work intern.
  - b. Clear violations of the NASW Code of Ethics.

### **PORTFOLIO PREPARATION**

Preparing a Portfolio of competencies is a requirement for the course, SOWK489 BSW Professional Seminar. Students will build a portfolio beginning from their junior years onwards. They will have to make a presentation before graduation. The areas of competencies included in the portfolio are as follows:

1. Counselling
2. Oral presentation

3. Writing (will include writing an essay on their own reflection/introspection, on their personal life experience and practicum, in the field of social work)
4. Negotiating challenges
5. Demonstrating and promoting an appreciation of diversity through posters, literatures and/or short documentary productions.
6. Grant-writing proposal for Community Development/Intervention Programme and its execution in a community.
7. Demonstrating commitment to Social Work values and ethics through case studies conducted at micro or macro level.
8. Demonstration and presentations of these competencies will help to evaluate and assess the students' readiness and commitment to the profession of Social Work.

## **BACHELOR OF SCIENCE IN SOCIOLOGY**

### **1. General Degree Requirements**

General Education Requirements	55
Courses Required for a Major in Sociology	64
Required Cognate	6
<b>Total</b>	<b>125</b>

### **2. Courses Required for a Major in Sociology (64 credits)**

#### **Core Courses (30 credits)**

ANTH 200 Cultural Anthropology	3
BHSC 220 An Inter. Approach to Contemporary Social Issues	3
FMST 456 Marriage and the Family	3
PSYC 220 Human Development Lifespan	3
PSYC 450 Social Psychology	3
SOCI 119 Principles of Sociology	3
SOCI 345 Juvenile Delinquency	3
SOCI 430 Gender Roles in Contemporary Society	3
SOCI 432 Research Methods II: Introduction	3
SOWK 110 Introduction to Social Work in the Caribbean	3

#### **3. Content Areas (34 credits)**

##### **Required (15 credits)**

PSYC 410 Introduction to Counselling and Psychotherapy	3
SOCI 325 Caribbean Sociology	3
SOCI 433 Research Methods III: Advanced Research Design	3
SOCI 474 Social Thought and Theory	3
SOCI 480 Field Experience	3

#### **4. Electives (19 credits selected from the following):**

BHSC 440 Topics in: _____	1-3
FMST 350 Family Cultural Perspectives	3
FMST 454 Family Violence Across the Lifespan	3
PSYC 319 Stress Management	3
HLED460 Substance Abuse Education	3
PSYC 466 Psychology of the Exceptional Child	3
SOCI 315 Criminology	3
SOCI 425 Racial and Ethnic Relations	3
SOCI 460 Death and Grief in Contemporary Society	2
SOCI 495 Independent Study/Reading/Research	3
SOWK 300 Social Work Issues in the Caribbean	3
BHSC 495 Family Law	3
BHSC 490 Seminar: Introduction to Work Experience	1
PSYC 422 Human Sexuality	3
BHSC 295 Principles of Career Development	3

**5. Required Cognates (6 credits)**

BHSC 230 Research Methods I: Statistics for the Behavioural Sciences	3
MATH 165 College Algebra	3

## **COURSES DESCRIPTIONS**

### **Anthropology**

#### **ANTH 200 Cultural Anthropology 3**

The study of culture and cultural variation. The contemporary beliefs, values, institutions, and material way of life of people in North America are contrasted with those of people living in other regions of the world today and in the past.

### **Behavioural Sciences**

#### **BHSC 100 Philosophy of Service 2**

Provides a theoretical and practical basis for understanding and meeting needs of communities and individuals. Course materials include works from Christian and secular sources. Students develop an individualized practical plan to understand and meet needs. Does not apply to a major or minor.

#### **BHSC 220 An Interdisciplinary Approach to Contemporary Social Issues 3**

Issues to be discussed may include drug abuse, the family, crime/violence and punishment, AIDS, poverty, and health care. Integrates foundational social science with a Christian perspective, to help students understand the origins of current societal issues and strategies for addressing them.

#### **BHSC 230 Research Methods 1: 3 Statistics for the Behavioural Sciences**

Probability concepts, frequency distributions, measures of central tendency, measures of variation, using frequency distributions, point-estimation and confidence intervals, sampling distribution, levels of significance in hypothesis testing, t and z tests, correlations, chi-square, and ANOVA are dealt with in this course.

#### **BHSC 440 Topics in \_\_\_\_ 001-Families in Crisis 1-3**

Examines emerging issues in the behavioural sciences. Repeatable in different specialized areas.

### **Psychology**

#### **PSYC 101 Introduction to Psychology 3**

Covers principles of psychology including the study of growth, perception, learning, thinking, motivation, emotion, personality, and mental health.

#### **PSYC 210 Introduction to Health Psychology 3**

Prerequisite: PSYC101

Studies causes of rise of health psychology, interrelationships between psychology and health related disciplines, models of disease and health care, interrelationships between stressful life events, social support, and wellness, illness behavior, psychology of addictive behavioral health.

#### **PSYC 252 Psychology of the Adolescence, Youth & Aging 3**

Prerequisite: PSYC101.

Current psychological theories relating to psychological development, maturity, and decline as evidenced during the adolescent, youth, middle age, and retirement years.

**PSYC 269 History and Systems of Psychology 3**

A study of significant schools, individuals, and theories in the field of psychology, together with their contributions to present knowledge of behaviour.

**PSYC 319 Stress Management 3**

An introduction to stress along with signs and symptoms of stress and identification of stressors in a person's life. Students learn how to increase stress tolerance and implement change.

**BHSC 325 Foundations of Guidance Services 3**

This course introduces students to guidance and counselling and allows them to plan, deliver and manage a comprehensive programme of guidance and counselling within the context of the culture and needs of the school or institution.

**PSYC 410 Introduction to Counselling & Psychotherapy 3**

Prerequisites: PSYC101 and one of the following: PSYC454, 460 OR 269.

An introduction to the major theoretical models and concepts for counseling and psychotherapy. Concepts such as the philosophical assumptions, the therapeutic process, and the client/therapist relationship are discussed. (Offered in Alternative Years)

**\*PSYC 422 Human sexuality 3**

A study of the multiple aspects of sexuality within a framework of Christian values.

**PSYC/SOCI 432 Research Methods II: Introduction 3**

Prerequisite or co-requisite: BHSC230

Covers asking researchable questions, reviewing the literature, and hypothesis formulation. Research methodology emphasizes qualitative approaches but includes discussion of instrumentation, subject selection, data collection procedures, Andrews' human subject research review process, and informed consent. Writing assignments include theoretical essay, pilot study, second pilot study, research journal.

**PSYC/SOCI 433 Research Methods III: 3 Advanced Research Design**

Prerequisite BHSC230 and PSYC/SOC432.

Covers the principles of designing, administering, interpreting, and writing experimental research, questionnaires and interview schedules. Survey also focuses on coding procedures and scale construction. Structured around a research project and the interpretation of scientific reports and professional journals. Corequisite: PSYC434. (Offered in Alternative Years)

**PSYC 445 Cognitive Psychology 3**

Prerequisite: PSYC101

A study of how people use and acquire knowledge with emphasis on how people perceive, think, remember, store information, solve problems, and acquire and use language.

**PSYC 449 Psychopharmacology 3**

PSYC101 or BIOL111, 112 or BIOL165,166

Examination of current psychotropic drugs, how they affect human perception and behavior and how they are used in clinical evaluation. Prerequisites:

**PSYC 450 Social Psychology 3**

Prerequisites: PSYC101 and SOCI119 or permission of instructor. A study of human behavior within a group context. Included are attitudes, social roles, collective behavior, and the dynamic aspects of human interaction. Lab fee may be required.

**PSYC 454 Theories of Personality 3**

Prerequisite: PSYC101

Integrates subfields of psychology to enhance understanding of the individual personality.

**PSYC460 Psychology of Abnormal Behaviour 3**

A study of deviant human behaviour and theories of causation and remediation.

**PSYC 465 Physiological Psychology 3**

Prerequisite: PSYC101

Introduces the biological bases of behaviour. Examination of the neuroanatomical and physiological foundations of such topics as the mind/body problem, the development of language and learning, sexual behaviour, recovery from brain damage, and psychopathology.

**PSYC 466 Psychology of the Exceptional Child 3**

Prerequisite: PSYC101

A survey of assessment, remediation, and adjustment for exceptional children and youth who require special education and related services. Various types of exceptionality are explored, such as mental retardation, learning disabilities, emotional or behavioural disorders, giftedness, disorders of communication, and impairment of hearing or sight.

**PSYC 471 Behaviour Modification 3**

Prerequisite: PSYC 101

The theory and techniques of behaviour change, utilizing principles of conditioning. Applications relevant to health-centered and educational settings are emphasized.

**PSYC/SOCI 480 Field Experience 1-8**

Requires supervised field placement in human services setting, approved in advance by the department chair. A minimum of 30 hours of field work is required for each credit. Consult staff before registering. Open only to departmental majors. Repeatable to 8 credits.

**PSYC 495 Independent Study/Reading/Research/Project 1-3**

Individual assignments and/or reports and/or individualized research in behavioural sciences are set up on a contract basis, with no more than 3 credits per semester. Students may repeat or take any combination of departmental independent study courses for up to 6 credits. Consult staff before registering.

## **SOCIOLOGY**

### **SOCI 119 Principles of Sociology 3**

A study of the development of sociology as a social science, some concepts and ideas associated with the study of human behaviour, and an overview of the principles, terms, and concepts in the discipline.

### **SOCI 325 Caribbean Sociology 3**

A survey of major social institutions in the Caribbean, with special emphasis on the family and education.

### **SOCI 425 Racial and Ethnic Relations 3**

A study of the distinctive racial and cultural minorities in society, with an emphasis on problems and adjustments within the larger society.

### **SOCI 430 Gender Roles in Contemporary Society 3**

Significant issues related primarily to the concerns of women as members of contemporary society, but also in cross-cultural perspective. Includes such topics as socialization in sex roles, women in the professions, women in minority groups, the feminization of poverty, women and substance abuse, women and crime.

### **SOCI 345 Juvenile Delinquency 3**

Topics related to modern youth in trouble, sociological analysis of the problems of youth, legal and societal factors involved in delinquency, and some of the remedial measures now being used.

### **SOCI 460 Death and Grief in Contemporary Society 3**

The study of cultural and societal perspectives on death and personal and interpersonal dynamics of death and dying.

### **SOCI 474 Social Thought and Theory 3**

Examines the roots of self-conscious social thought and the rise of sociology and anthropology as scientific disciplines in the 19th century. Major theoretical orientations in their fields, proponents, and their impact on present-day sociology and anthropology are reviewed; normally offered every other year.

### **SOCI 480 Field Experience 3-9**

The department chair approves supervised field placement in a human services setting in advance. A minimum of 30 hours of fieldwork is required for each credit. Open only to departmental majors. Repeatable 3 times until 9 credits have been accumulated.

## **SOCIAL WORK**

### **SOWK 100 Introduction to Social Work 3**

The professional activity of social workers in the U.S., including a history of the social-work profession, its knowledge, values and skills base, and its cross-cultural aspects. Emphasis is on the response of social work to varied populations and diverse cultures.

### **SOWK 230 Introduction to Community Services 2**

Prerequisite: PSYC101, SOWK100

Required of all new and transfer students. Orientation to the social work programme, which includes procedures, policies, academic information, field instruction component, review of Handbook, professionalism, and expectations from the programme. An opportunity to examine personal values and skills by observation at a community human services agency. Forty-five hours of documented volunteer observation required.

### **SOWK 300 Social Work Issues in the Caribbean 3**

Prerequisite: SOWK100 or SOWK110

An examination of the social work profession in the Caribbean, focusing on its history and development, its values and skills base, an analysis of the social welfare system, and of welfare institutions and services in the Caribbean. Reference will be made to the social work system in the United States for purposes of comparison.

### **SOWK 315 Values, Ethics and Diversity 3**

Prerequisite: SOWK100 or SOWK110

Special attention is given to core values and professional ethics expected of outstanding social workers. Emphasizing a Christian world view, students develop appreciation for diversity and sensitivity toward issues related to culture, race, gender, class, age, and sexual identity

### **SOWK 320 Introduction to Counselling Skills 3**

Prerequisite: PSYC101, SOWK100 or SOWK110

Exposes students to basic engagements, listening, assessment, and interviewing skills. Students gain beginning skills to explore the problems of various client systems. Classes include both instruction and lab experience.

### **SOWK 325 Social Welfare Institutions and Services 3**

Prerequisite: SOWK100, HIST118 or PLSC104

An analysis of the factors that determine the manner in which social-welfare services are currently being delivered in the Caribbean and internationally. Factors include the value base, the historical development, and the organization of the social welfare system.

### **SOWK 340 Human Behaviour and the Social Environment 3**

Prerequisite: SOWK100 or SOWK110

Ecological model for studying Human behaviour and an overview of normal individual development throughout the life cycle. Psychosocial, learning and social-role theories constitute the theoretical basis for the course. Special attention is paid to the impact of gender, health, and minority status upon human development.

### **SOWK 350 Social Welfare Policy 3**

Prerequisite: SOWK 315

Develops basic knowledge and skills for policy analysis, formulation and critical challenge within local and international context. Examines the determining factors affecting public policy in the United States, as compared with other systems. Provides a framework for the analysis of social problems and policies as they impact development and social service practice.

**SOWK 401, 402 Foundations of Practice I,II 4,2**

(SOWK401) Prerequisites: SOWK325 and SOWK340; Co-requisites: SOWK435 and SOWK420 (SOWK402) Prerequisite SOWK401 and Corequisite; SOWK436 and SOWK421  
Designed to develop the theory, knowledge and skills essential in generalist social-work practice. Various methods are offered for developing communication, assessment, planning, intervention, termination, and evaluative skills necessary in social work practice. Focus is on skills necessary for practice with individuals, families and groups in a variety of settings.

**SOWK 410 Children and Families at risk 2**

Prerequisite: FMST 115

Development of programmes for the well-being of children. Focus is on current child-welfare programmes, including juvenile courts, foster care, child-care centres, adoptions, protective services institutional care, and special-need services.

**SOWK 420, 421 Social Work Methods Seminar I, II 1,1**

SOWK420 Corequisites SOWK401, SOWK435,

SOWK421 Corequisites: SOWK402, SOWK436

Provides opportunity for students to develop basic social work skills, through integrating social work knowledge and theory into field practice. Several aspects of field will be discussed. It is taken concurrently with the student's field placement and is repeated each semester

**SOWK 435, 436 Field Instruction I, II 2,2**

SOWK 435 Corequisites: SOWK 401, SOWK 402

SOWK436 Corequisites: SOWK 402, SOWK 421

A lab course designed to give students experience and practice in a community agency under qualified supervision. A total of 400 clock hours required.

**SOWK 437 International Environment of Social Welfare 2**

Prerequisite: SOWK 315, SOWK325, SOWK350

Students engage in critical thinking in relation to global issues. Theories of causation and alternative models of global intervention. Explores the social, cultural (including religions), political, and economic factors impacting social welfare policies and the delivery of human services in Third World, developing, industrial, and post-industrial societies.

**SOWK 440 Assessment and Treatment of Victims of Violence 2**

Prerequisites: SOWK401 and 402

Examination of assessment issues, approaches, and barriers to effective treatment when working with victims of domestic violence, adult survivors of sexual abuse, victims of rape, incest survivors, and child sexual-assault victims. Interpretation of assessment finding included. Short- and long-term therapy options including specific techniques are explored.

**SOWK 447 Social Policies and Service in Other Countries 2**

Prerequisite: SOWK350 or equivalent course

A study of the policy-making processes and strategies utilized to meet the needs of the poor and at-risk populations in other countries. Students travel abroad, where they study social policy

formulation, analyze selected social policies and programmes, and participate in the development of a group position paper.

### **SOWK 455 Treatment of Substance Abuse 2**

An overview of treatment techniques and basic prevention strategies, including specific training in assessment and therapeutic techniques, examining the relationship between etiology and treatment. Treatment evaluation is discussed. At risk, vulnerable populations receive special consideration.

### **SOWK 458 Advanced Theories of Addiction and Treatment 2**

Surveys, critiques, and integrates the primary theories currently used to explain the process, outcome, and treatment of addictions. Covers biological, psychological, social and anthropological addiction theories. Primary substance abuse prevention theories are surveyed. Implications for at-risk, vulnerable populations are considered.

### **SOCI/SOWK 460 Death and Grief in Contemporary Society 3**

Designed to help the student understand cultural and societal perspectives on death, as well as develop an increased awareness and sensitivity to the personal and interpersonal dynamics of death, dying, and loss. The student's personal encounter with dying, death and loss as well as the experiences of guest speakers, provides topics for class discussion. The "art of condolence" is discussed for helping people deal with uncomplicated death and loss issues.

### **SOWK 466 Social Work Research 4**

A broad range of research tools available to social workers to improve the effectiveness and the efficiency of their practice. Research methodologies, both quantitative and qualitative, are presented. Also includes a generalist overview of statistics. Students do a research project addressing a social problem.

### **SOWK 467 Social Aspects on Long-Term Care 2**

Focuses on the health-care system's ability to provide for the elderly who require long-term care facilities. Examines the ageing Caribbean population, attitudes and stereotypes associated with the aged, resources available to the social worker, and techniques to assist in providing appropriate care for the elderly.

### **SOWK 475 Topics in \_\_\_\_\_ 1-4**

Students are able to select offerings from various contemporary social-work topics. Repeatable with different topics. Credits (1-4)

### **SOWK 489 BSW Professional Seminar 1**

Introduces and monitors professionalism as evidenced in student's portfolio, scholarship skills, and their ability to exhibit positive behaviours that will ensure success in social work practice. Portfolios are presented and graded before graduation.

### **SOWK 495 Independent Study/Projects/Teachings 1-4**

Students do a research paper based either on literature survey (secondary sources) or field work (primary sources) on their areas of specialization/interest.